

# COURSE GUIDE

2024



### **ABOUT US**

Lalor Neighbourhood House has provided services to our local community for over 37 years. We provide a welcoming and caring professional environment for people to learn new skills, leading the way in English and computer courses and other adult education. We support learners of all ages from culturally and linguistically diverse backgrounds.

### OUR VISION

To be a welcoming, safe and happy space where you learn, connect and make friends within a culturally diverse community.

## COURSES AND ACTIVITIES

Lalor Neighbourhood House specialises in **Pre-Accredited English Language Courses for adults of all abilities.** These popular courses will improve your Literacy Skills and create a pathway to further study, employment or volunteer work.

We also offer a range of shorter **pre-accredited courses in Computer Skills and Literacy.** 

We host social groups, art classes, weekly community lunches and cooking and gardening and intergenerational activities with local school students.

School age students and adults can join our fabulous one to one **After School Tutoring** program or our new **Homework Club** group. For pre-schoolers we provide a caring **Occasional Childcare Service** at

## OFFICE INFORMATION

#### Open Monday to Thursday 9am to 4pm

47A French Street, Lalor

Phone 9465 6409 / 9465 5162Email office@lalornh.org.auWeb www.lalornh.org.au

















Lalor Neighbourhood House was Lalor Living & Learning Centre until October 2022, when we changed our name to better reflect our place in the Lalor community. LNH acknowledges the support of the Victorian Government.

Lalor Neighbourhood House recognises the rich Aboriginal heritage of this country and acknowledges the Wurundjeri Willum Clan as the traditional custodians of this place.



## LALOR REFRESH PROJECT

Join us to transform our little part of Lalor with Murals, Mosaics, Community Gardens, outdoor activities, art exhibitions and environment programs. If you love making things, creating art, gardening, food, caring for the environment or just hanging out with friends and learning new skills — come join us to make Lalor Neighbourhood House (LNH) and surrounds beautiful.

Thanks to the Department of Jobs, Precincts and Regions and Sustainability Victoria who are funding these great initiatives.

## STAGE 2: SOCIAL ENTERPRISE!

Join us as we explore gardening, food production, food preserving, art, craft, sewing, making useful objects from recycled materials, sustainable living and more. We will set up a Makers' Space with equipment and tools to create whatever most interests our community. Join us as we explore new ideas, business opportunities and create a local social enterprise! **Contact Meredith or Bushra** on 9465 6409 for more information! Or email:

manager@lalornh.org.au or just drop in. We'd love to meet you and discuss ideas!

## PRE-TRAINING ASSESSMENTS

In order to support your participation in adult education, all those enrolling in our English Classes are required to undertake a pre-training review. This includes an initial assessment of your language, literacy and numeracy skills. Our qualified assessor will help you identify the most suitable course for you, and will support you through the enrolment process. A non-refundable fee of \$50 will be charged for this assessment. Bookings: Tues & Wed at 1pm & 2pm.

#### 2024 Term dates

Term 1 30 January – 28 March

Term 2 15 April – 27 June

Term 3 15 July - 20 September

Term 4 7 October – 6 December

## PRE-ACCREDITED COURSES



English Classes
Tuition fee per Semester
For 6 hours per week courses

Full Fee \$354.60 Concession \$275 Self-funded \$925

Fees include Materials \$75 and Amenities \$75

#### **English for the Workplace**

Basic English skills in reading, writing, listening and speaking for those with very little English.

Tuesday & Wednesday 9.00am-12.00pm

#### **Building English Skills in Living and Learning**

Build on beginner English skills in reading, writing, spelling and oral skills that will aid their participation in Living within the family and community

Tuesday & Wednesday 12.30-3.30pm

#### **English for Living and Working in Australia**

An Intermediate level course designed to develop English Skills in reading, writing, speaking and listening

Tuesday & Wednesday 9.00am-12.00pm

## **English Conversation through developing Artistic Skills \$80 per term Conc. \$70 per term**

Practice your English or help others with their English conversation in a more informal learning environment and develop your artistic talent.

Wednesdays 9.30am-11.30am or...

Evening Art Class: Thursdays 6-8pm.
Intro to Horticulture!

Learn the basics for vegetable growing and a healthy garden—practicing in our brand new community gardens at LNH. Chance to start a new career doing what you love!

Terms 2 & 4: Mondays 10am-1pm. \$80 per term, \$70 concession.



## PRE-ACCREDITED COURSES



#### Introduction to Community Leadership/ Facilitation skills — free

Learn about Community Facilitation and Leadership using simple but effective Asset Based Community Development (ABCD); Participatory Development and Appreciative Inquiry methods. Learn by doing from highly experienced practitioners and enjoy practicing these new skills with your community. Term 2 for 10 weeks, Thursdays 12.30-3.30. Late enrolments welcome.



#### Pickling & Preserving Food

Chance to learn traditional methods of pickling, fermenting and preserving fruit and vegetables. Manage excess produce from your garden or buy up seasonal vegetables going cheap and preserve for the year ahead.

Full Fee \$80 Concession \$70/term, 2 hours /week. Day and Time to be advised. Food included in fee.





#### **Certificates**

Certificates of Participation will be awarded for students in pre-accredited programs.

## PRE-A((REDITED (OMPUTER (OURSES

#### **Tuition Fees per Term**

Full Fee \$80 Concession \$70/term, 3 hours /week. Wednesday morning & afternoon classes.

#### Welcome to Computers Term 1 & 3

In this introductory course, you will learn about computers and start to use them with confidence.

#### **Intermediate Computers Term 2 &4**

Build on your basic knowledge of computers to create text, develop skills and manage documents, word & excel

## Using Internet Devices: Introduction Terms 1 & 3; Intermediate Terms 2 & 4.

Learn basic or intermediate skills to access the internet and perform everyday online tasks, including using email and devices (such as iPads and Smartphones).

#### Cyber Security Workshop—3 hour workshop

Learn how to stay safe from SCAMS and internet Fraud! One off, evening workshop—time and date to be advised, depending on interest and numbers.

## (HILDREN AND YOUTH PROGRAMS Subsidised Occasional Childcare

Licensed occasional childcare is available at the Centre attracting the Commonwealth Childcare Subsidy. Childcare is available for 5 hour sessions to the general public Tuesday to Thursdays.

Contact Cathy for information on our affordable rates and to make a booking. 9465 6409 or childcare@lalornh.org.au



#### **After School Tutoring**

One-to-one tutoring is available for school students from Prep to VCE. Adults are also welcome. Building confidence as learners.

**Contact Joyce** for bookings and fees On 0425 834 008; joyceatast@gmail.com

#### **After school Art Class**

Small group art class for Primary and Secondary school students. Lots of creative mediums to foster each student's creative abilities.

Mondays: 3.30-5pm. \$90/ term Homework Club—Free

Thursdays: Primary 3.45–5.15 pm; Secondary 4.00—5.30 pm

Small group homework support club for primary and secondary students. Food, fun games and homework support. **Contact Mahe/office**: office@lalornh.org.au

### OTHER PROGRAMS

Free English classes for people Seeking Asylum

Saturdays 9.30-11.00am

Join Shruti in a small class tailored for your needs.



**Gruppo Della Amicizia — Older Italian community gatherings** 

**Mondays 10.30am** Join our friendly group for an Italian morning tea and share fun activities together.



#### Thursday community Lunch 11.30 am-1pm

A partnership with St Vinnies and LNH, Helen and Faye will cook up a storm every Thursday and stock up the Thursday food pantry for culturally appropriate fresh and dry produce to take home. 2024 will see the pantry open on Tuesdays from 12noon to 1pm as well.



**Help with filling forms—Centrelink, Immigration & more Thursdays 12-2pm** Get help completing those pesky online or paper forms!

#### **Health & Wellbeing Workshops**

Join us for some great workshops:

Making Sense of Anxiety; Mindset Matters; Food for Thought! More info to come. Starting in February.



#### **VOLUNTEERS**

We are currently looking for volunteers to join our Lalor Refresh project (see front page) and to support our garden project and homework club. We'd also welcome volunteers to help us with our fundraising efforts and our new Social Enterprise project!

Register your interest at: www.lalornh.org.au/about -us/volunteer

LNH acknowledges support from Victorian Government: DET; DFFH; DJSIR; Sustainability Victoria; City of Whittlesea, Australian Community Foundation.

## WANT TO START A GROUP?

LNH is here to respond to Community needs, expand and improve our services. Feel free to contact our office on 03 9465 6409 or drop in and tell us what you would like to do at LNH.

Something you would like to learn that is not in this brochure? Do you have a skill or talent that you would like to share with others? Do you have a group that needs a meeting space or would you like to start a new group? **Contact us!** 



## ADDITIONAL COURSE INFORMATION

#### **Fees and Charges**

Lalor Neighbourhood House is a not-for-profit organisation so we keep our fees and charges as low as possible for fee for service students.

The Victorian Government provides subsidies for many of our courses: eligible students pay the Tuition Full Fee. Concessions may also be available — please contact our office to see if you qualify.

Please go to the website for more information about our fees and refund policy.

LNH provides a safe place respecting cultural, religious and sexual preferences. People with a disability are also encouraged to enrol.

Go to www.lalornh.org.au or use this QR code for more information on our Refund Policy and to learn more about your Rights Responsibilities and our Vision and Purpose.

#### **Agency Referrals**

Referrals from agencies seeking to place funded clients in English or Literacy classes are welcome. Initial assessment of learner needs costs \$50, or \$70 if a written report is requested by the referring agency. In accordance with ACFE Guidelines about Fees, the concession fees in this brochure do not apply to students whose fees are met by Commonwealth Government agencies or as part of a Commonwealth program or initiative.

#### **Minimum Class Numbers**

It should be noted that classes are subject to minimum enrolments, so some classes may be postponed or may not go ahead.